



# PATIENT INSTRUCTIONS

PLEASE READ CAREFULLY

Call (661) 726-6700 to schedule or reschedule your appointment directly, or for more information.

If you already have an appointment, please call (661) 726-6060 to pre-register.

## RADIOLOGY - X-RAY PROCEDURES

- Upper GI Series, Small Bowel Series**
  - No food, drink or cigarette smoking after midnight.
- Barium Enema - Clean bowel is required.**
  - EVAC • Q • KWIK - follow 24 hour instructions on the box.
- Hysterosalpingogram**
  - Schedule 7 - 10 days after first day of last menstrual cycle.

## CT IMAGING

- On exams requiring IV contrast, please provide BUN and Creatinine labs performed within 6 weeks of scheduled exam on patients 70 years of age or older, on all diabetic patients and all patients with a history of renal disease. CT abdomen or pelvic studies require the patient to pick up oral contrast 2 days before the exam at the Radiology front desk. Please drink plenty of water prior to the exam.

## MAGNETIC RESONANCE IMAGING (MRI)

- If you have a pacemaker, aneurysm clip or cochlear implant, please call the scheduling office at (661) 726-6700.
- Wear clothing without metal clips and buttons. Jogging suits are recommended.
- Exams listed below require special preparation (All other MRI studies do not):
  - Abdomen and/or Pelvis**
  - Prostate - Clean bowel is required**

## INTERVENTIONAL RADIOLOGY

- Myelogram**
  - For AM appointments clear liquids only.
  - For PM appointments, a light breakfast is allowed.
- Biopsies**
  - Call (661) 726-6700

## PET/CT

- No barium studies for 48 hours prior to exam.
- Wear comfortable clothing.
- No food or drink except water 4 hours before the exam.
- No carbohydrates for 24 hours prior to exam.
- Procedure lasts approximately 3 hours.

## MAMMOGRAM

- Do not use any deodorant, powder or cream on the breast or underarm on the day of your exam.
- If you have had a previous mammogram at another facility, please bring those films at the time of your appointment.

## ULTRASOUND

- OB Ultrasound**
  - Drink 24 oz of water (no carbonated fluids) to be finished 1 hour prior to exam.
- Pelvic Ultrasound**
  - Drink 24 oz of water (no carbonated fluids) to be finished 1 hour prior to exam.
  - DO NOT EMPTY BLADDER – a full bladder is needed for a successful exam.
- Abdominal Ultrasound**
  - No food or drink 6 hours before the exam – small sips of water with medication, only.

## NUCLEAR MEDICINE

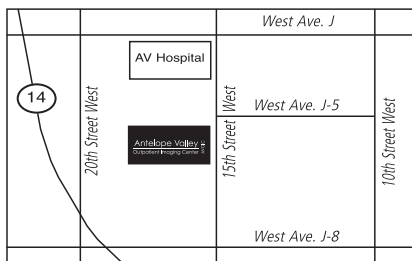
- Biliary Scan (HIDA)**
  - No barium studies for 48 hours prior to exam.
  - No food or drink 6 hours prior to the exam.
- Thyroid Scan**
  - No multi-vitamins.
  - Off Synthroid 6 – 8 weeks.
- Renal Scan with Captropril**
  - Do not take hypertension medication within 48 hours of exam if your physician approves.
  - Drink 24 oz of water prior to exam.

## PEDIATRIC - CHILDREN

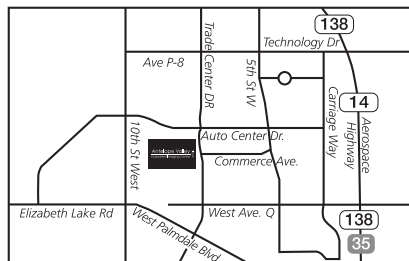
Children under 10 may require special considerations. Call the scheduling office at (661) 726-6700 and ask for specific instructions if sedation will be required.

## IMPORTANT

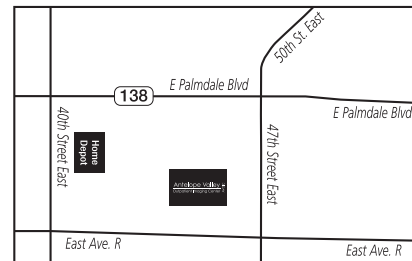
- If you are pregnant, or could be pregnant, please tell the Technologist or Doctor before your exam.



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- 38209 47th Street East, Suite D  
Palmdale, CA 93552**